

HAND & WRIST INJECTION TRAINER

Suitable for all levels of training, the Hand & Wrist Injection Trainer allows trainees and clinicians to practise and teach injections in five different locations. The model also highlights when incorrectly injected, ensuring trainees learn to avoid the median nerve.

The trainer comes equipped with an Android tablet, which works in unison with our newly developed app. The app, coupled with innovative sensory technology, provides learners with wireless, realtime feedback from the procedure.



Learning has never been more lifelike

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INJECTION SITES

- Carpal Tunnel
- De Quervain's Sheath
- Trigger finger
- First Carpometacarpal Joint
- Distal Radioulnar Joint
- Trigger finger nodule
- Median Nerve

BONE STRUCTURES

- Radial Styloid
- Ulnar Styloid
- Trapezius and Scaphoid
- First Carpometacarpal Joint space
- Distal Radioulnar Joint space
- Lister's tubercle

INTERNAL PRODUCT ANATOMY

- Palmaris Longus
- Flexor Carpi Radialis
- Extensor Digitorum Group
- Extensor Digiti Minimi
- Abductor Pollicus Longus
- Extensor Pollicus Brevis
- Extensor Pollicus Longus











QUALITIES

REALISM

- Interactive model anatomy
- Anatomically correct
- Includes important ligament and skeletal structures

KEY FEATURES

- Facilitates injection in 5 key sites
- Presence of Median Nerve allows for negative feedback
- New app provides interactive real-time feedback
- Each site can withstand over 200 injections
- Skin can be easily removed and changed

VERSATILITY

- Lightweight and easily portable
- App can be set to English UK, English USA, French, Mandarin, Spanish and German

CLEANING & CARE

• Skin surface is washable using soap and water

SAFETY

- Fluid should not be injected into any of the sites, due to the electronics contained
- Latex free

SKILLS

- Model allows for injection into:
 - The Carpal Tunnel
 - De Quervain's Sheath
 - Trigger Finger
 - 1st Carpometacarpal Joint
 - Distal Radioulnar Joint
- Patient positioning and management
- Identification of anatomical landmarks

WHAT'S INCLUDED

Hand & Wrist Model Hand & Wrist Skin (x2) Android Tablet Needle Set – 3 Green Needles, 1 Syringe Sharps Bin AA Batteries (x2)



UNITED KINGDOM



CORE MEDICAL TRAINING

Specialty Training Curriculum for Core Medical Training, Joint Royal Colleges of Physicians Training Board, 2009, p.92-93

SPECIALIST RHEUMATOLOGY

Specialty Training Curriculum for Rheumatology, Joint Royal Colleges of Physicians Training Board, 2010, p.17-24

SPORTS MEDICINE & EXERCISE

Specialty Training Curriculum for Sport and Exercise Medicine, Joint Royal Colleges of Physicians Training Board, 2010, p.53

SPECIALIST TRAUMA & ORTHOPAEDICS

Specialist Training in Trauma and Orthopaedics Curriculum, British Orthopaedic Association, 2015 (Updated 2018), p.43

GP TRAINING

The RCGP Curriculum: Professional & Clinical Modules, The Royal College of General Practitioners, 2016, p.327

CLINICAL RADIOLOGY

Speciality Training Curriculum for Clinical Radiology, 2016, p.111

UNITED STATES

UNDERGRADUATE

Recommendations for Clinical Skills Curricula for Undergraduate Medical Education, Association of American Medical Colleges, 2008, p.26

GRADUATE PAIN MEDICINE

ACGME Program Requirements for Graduate Medical Education in Pain Medicine (Anesthesiology, Neurology, or Physical Medicine and Rehabilitation), Accreditation council for Graduate Medical Education, 2017, p. 17

MUSCULOSKELETAL AND SPORTS MEDICINE

Musculoskeletal and Sports Medicine PM&R Curriculum Guidelines, American Academy of Medicine and Rehabilitation, p.5

GRADUATE PHYSICAL MEDICINE AND REHABILITATION

ACGME Program Requirements for Graduate Medical Education in Physical Medicine and Rehabilitation, Accreditation council for Graduate Medical Education, 2017, p.17

GRADUATE ORTHOPAEDIC SURGERY

The Orthopaedic Surgery Milestones Project, A Joint Initiative of The Accreditation Council for Graduate Medical Education and The American Board of Orthopaedic Surgery, 2015, p.35

RHEUMATOLOGY

Core Curriculum Outline, for Rheumatology Fellowship Programs, American College of Rheumatology, 2015, p.16 - p.85

MUSCULOSKELETAL RADIOLOGY

ACGME Program Requirements for Graduate Medical Education in Musculoskeletal Radiology, Accreditation council for Graduate Medical Education, 2017, p.2

NURSE PRACTITIONER AND PHYSICIAN ASSISTANT

Nurse Practitioner (NP) and Physician Assistant (PA) Rheumatology Curriculum Outline, American College of Rheumatology (ACR) and Association of Rheumatology Health Professionals (ARHP), 2017, p.8

AUSTRALIA/NEW ZEALAND

UNDERGRADUATE

University of Otago Clinical Skills in the Undergraduate Medical Curriculum, 2013, p.27

POSTGRADUATE

Australian Curriculum Framework for Junior Doctors, Confederation of Postgraduate Medical Education Councils, p.1

RHEUMATOLOGY

Rheumatology Advanced Training Curriculum, Royal Australasian College of Physicians, 2013, p.8

SPORT EXERCISE AND MEDICINE

ACSEP CURRICULUM, Australasian College of Sports and Exercise Physicians, 2017

RADIOLOGY

2014 RANZCR. Radiodiagnosis Training Program – Curriculum Version 2.1

GENERAL PRACTICE

RAGCP Lifelong Learning Curriculum: Appropriate Procedures, 2016



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